

Protecting Life: A Prayer for Receiving the COVID-19 Vaccine

By Rabbi Doris J. Dyen, Ph.D and Rabbi Barbara Symons



Protecting life is our most precious <u>mitzvah</u>. As you receive the Covid-19 vaccine, members of the Greater Pittsburgh Rabbinic Association invite you to say these blessings:

This first blessing begins with words from the prayer Asher Yatzar, a morning blessing thanking God for the miracle of our bodies. Our version notes that just as the pandemic is worldwide, so too are God's human partners in creating, distributing, and administering these vaccines.

> בָּרוּך אַתָּה ה' אֱלֹקֵינוּ מֶלֶך הַעוֹלָם רוֹפֵא כָל בָּשָׂר וּמַפְלִיא לַעֲשׂות בִּידֵי כָל יוֹשֹׁבֵי תֵבַל

Barukh Atah Adonai Eloheinu, Melekh ha-olam, rofei hol basar umafli laasot bidei hol yoshvei tevel.

Blessed are You, Adonai our God, Sovereign of the Universe, who heals all flesh, working wondrously through human hands.

The following is to be said only upon receiving the first dose:

בָּרוּך אַתָּה ה' אֱלֹקֵינוּ מֶלֶךְ הַעוֹלָם שֶׁהֶחֶיָנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לַזְמַן הַזֶּה

Barukh Atah Adonai Eloheinu, Melekh ha-olam, shehekheyanu v'kiy'manu v'higi-anu lazman hazeh.

Blessed are You, Adonai our God, Sovereign of the Universe, who gives us life, sustains us, and has enabled us to reach this moment.

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