

# Mi Shebeirach - Prayer for Healing



These comforting words can be said on behalf of those who are ill. Whether friends or loved ones are struggling with physical, emotional or spiritual challenges, this prayer speaks to our desire for their healing.

מִי שְׁבִירַךְ אָבוֹתֵינוּ וְאִמּוֹתֵינוּ, אַבְרָהָם, יִצְחָק וְיַעֲקֹב, שָׂרָה,  
רִבְקָה, רָחֵל וְלֵאָה, הוּא יְבָרַךְ אֶת הַחֹלִים [names].  
הַקְּדוֹשׁ בְּרוּךְ הוּא יִמְלֵא רַחֲמִים עֲלֵיהֶם, לְהַחֲלִימָם  
וּלְרַפְּאֵתָם וּלְהַחֲזִיקָם וּלְהַחְיוֹתָם, וְיִשְׁלַח לָהֶם מְהֵרָה  
רְפוּאָה, רְפוּאָה שְׁלֵמָה מִן הַשָּׁמַיִם, רְפוּאָת הַנֶּפֶשׁ,  
וּרְפוּאָת הַגּוּף, הַשְׂתָּא בְּעִגְלָא וּבְזִמְן קָרִיב. וְנֹאמַר: אָמֵן.

*Mi Shebeirach avoteinu v'imoteinu,  
Avraham, Yitzchak v'Yaakov, Sarah, Rivkah,  
Rachel v'Lei-ah, hu y'vareich et hacholim  
[names]. HaKadosh Baruch Hu yimalei  
rachamim aleihem, l'hachalimam ul'rapotam  
ul'hachazikam, v'yishlach lahem m'heirah  
r'fuah, r'fuah shleimah min hashamayim,  
r'fuat hanefesh ur'fuat haguf, hashta  
baagala uviz'man kariv. V'nomar: Amen.*

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless and heal those who are ill [names]. May the

strength to be revived. May God swiftly send them a complete renewal of body and spirit, and let us say, Amen.