

# How to Create a Meaningful Shabbat Experience at Home

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As the spread of coronavirus (COVID-19) continues, we're all on high alert and getting used to life spent mostly at home, even on **Shabbat**.

So long as you're feeling well, why not take some time to plan a meaningful at-home Shabbat experience? Here are just a few ways you can make the most of Shabbat and feel like part of a larger Jewish community – even when you can't leave the house.

## 1. Make Shabbat your own.

Many Reform Jews see Kabbalat Shabbat services as an integral part of Jewish living, but when synagogue isn't an option, there's nothing quite like a cozy Shabbat at home.

Try to see this time as an opportunity for personal observance, whether alone or with your loved ones. Even if you've never lit **Shabbat candles** or recited **blessings over your wine and bread**, now is the perfect time to begin.

If you can't leave home but don't want to miss the joy of Shabbat services, you're in luck. Many congregations livestream services each week, and even amid safety-related cancellations, some congregations are offering online worship opportunities.